



# P R A Y I N G W I T H C O L O U R S

JOURNEYING THROUGH THE PASCHAL MYSTERY WITH ICONS

## **SESSION ONE GROUP REFLECTION (45 minutes)**

Discuss these two questions with your group members:

1. What are some areas of your life which you find particularly challenging or difficult? In what way is it difficult for you to accept these areas of your life?
2. God's will had brought much trouble to Mary and Joseph, and yet they were willing to embrace these difficulties. In what way does their response challenge you to accept difficulties in your life?

Spend three minutes in silent prayer for the people sitting next to you, that God will grant them the grace and determination to accept the difficult challenges that they face in life.

## **SESSION TWO GROUP REFLECTION (45 minutes)**

Discuss these two questions with your group members:

1. What does the death of Jesus Christ mean to you?
2. In what way do you personally feel that you are called to suffer and die with Him?

Spend three minutes in silent prayer for the people sitting next to you, that they will find the strength and courage in life to journey towards the cross just as Jesus did.

## **SESSION THREE GROUP REFLECTION (45 minutes)**

Discuss these two questions with your group members:

1. What does the resurrection of Christ mean to you in the light of the problems you face in life?
2. How does the resurrection of Christ help you to go through your life's problems without sinking into despair?

Spend three minutes in silent prayer for the people sitting next to you, that they will feel the reality of Christ's resurrection in their life amidst sufferings that they experience.

## **SESSION FOUR GROUP REFLECTION (45 minutes)**

Discuss these two questions with your group members:

1. Why do you think Jesus sometimes seems to be absent from our lives when we most want to see or feel him?
2. What is an appropriate response for us when we are unable to experience him in a way we expect to?

Spend three minutes in silent prayer for the people sitting next to you, that they will find the presence of Christ in their lives even during seasons of desolation when they neither feel nor experience him.

## **SESSION FIVE GROUP REFLECTION (45 minutes)**

Discuss these two questions with your group members:

1. Why do you think you have been given the Holy Spirit through the Sacrament of Confirmation?
2. In what way does the Holy Spirit help you to submit to the lordship of Jesus in your life?

Spend three minutes in silent prayer for the people sitting next to you, that no matter what difficulties life brings them, they will submit themselves to the will of God and allow Jesus to be King of their lives.