

The Seniors were all smiles enjoying the view from the Cable Car cabins.



After we alighted from the cable car, we took a short walk to the bus stop to catch the Sentosa Bus to the Beach Station where we had our lunch at the Good Old Days Foodcourt.



After a good lunch, we took the Monorail train back to Singapore where we alighted at Vivocity. The outing was not over till we went for a good cup of coffee before we made our separate way home.

It was indeed a challenging outing considering the different transport modes we hopped into. Indeed God has been blessing and watching over us to ensure everything went smoothly and safely and in good fellowship. **Thank you Lord!**

Photos: Courtesy of Teresa, Linda, Nancy, Jenet.

*A smile is a sign of joy,
A hug is a sign of love,
A laugh is a sign of happiness.
Kind words can be short and easy to speak, but their echoes are truly endless. (Mother St Teresa)*

CHURCH OF ST MARY OF THE ANGELS
HOSPITALITY & COMMUNITY

Twilight

St Mary's Seniors Newsletter

Mission Statement
To promote a purposeful, productive, healthy and happy lifestyle
14th Year - April 2024

A Thanksgiving Lunch from Josephine Pattiselanno

By Teresa Koh



In November 2023, David Pattiselanno suddenly felt unwell during our Seniors' gathering and was sent by ambulance to the hospital where he stayed from 23 November to 14 December due to some heart issues. It was fortunate he was not at home as he would have been alone, as his wife, Josephine was at work. His recovery was truly miraculous.

So, on 11 March 2024, Josephine held a lunch for the Seniors to thank them for all their support and earnest prayers.

For lunch, Josephine cooked Penang Hokkien Noodles Soup with eggs, pork ribs, prawns, kangkong and beansprouts as well as Eurasian Chicken Curry Debal and Chap Chye Vegetables. The Seniors had a hearty meal savouring her culinary skills



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It was also the birthday month of David (in red) as well as Valerie Seow (right, in black). So, sugcee cake was baked and was enjoyed by everyone.



Freddie Siow provided music on his guitar with David animatedly on his harmonica - a testimony that he has recovered well.



The Seniors were in high spirits as they took to the floor dancing joyfully, clapping and swaying to the music.



The delightful afternoon ended with the hymn
TO GOD BE THE GLORY!

Photos: Courtesy of Teresa, Nelly and Nancy

“Whoever loves money never has enough,” and “as goods increase, so do those who consume them.” (ECCLESIASTES 5:10-11)

What will others remember about you? What changes might you need to make as you ponder your eternal legacy?

Heavenly Father, please help me pour out my life for others in some small way today.

Cable Car Ride Outing

By Teresa Koh



As part of Singapore Cable Car's 50th Anniversary Celebration, free cable car rides were offered to Seniors on every Tuesday for the months of February and March.

Taking advantage of the offer, Alphonsus Soh and I started making plans for an outing beyond just the cable car ride. So, on 19 March, a bus was arranged to take twenty Seniors from our church right to Mount Faber Peak.



On arrival, we were appalled at the large crowd queuing for the free rides. We were told we may need to wait for three hours. Nevertheless, everyone took it in good spirit, chatting and catching up with one another in the heat of the afternoon.



We were put into smaller groups to help us look out for one another as we boarded the moving cars, taking us across to Sentosa Island.
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