

This was a spontaneous suggestion from Barna Koh at Seniors Thanksgiving gathering just five days before Teresa Koh's actual birthday.

Everyone who was able to attend was swift and forthcoming in giving their resounding agreement to celebrate our dear Teresa's 74th birthday. There were 32 Seniors, making it the largest birthday celebration she had thus far.



Happy Birthday, Teresa! May God continue to bless you and your family with much love, peace and happiness.



From the desk of Teresa Koh

My dear Seniors: My birthday celebrations have always been simple – just with families. So the lunch celebrations on 30 May was the biggest ever just among great friends. I can't thank you all enough, especially Tan Kim Suan for all the trouble and expense she went through to organise this lunch gathering and just within five days. I felt so loved.

Our amazing God must have known that I am running on low battery and sent His love and blessings through you my Seniors. I have spent about fifteen years with the Seniors and you all are like my extended family and I see God rewarding me sevenfold through the love and concern you all have shown. Thanks so much.

CHURCH OF ST MARY OF THE ANGELS
HOSPITALITY & COMMUNITY

Twilight

St Mary's Seniors Newsletter

Mission Statement: To promote a purposeful, productive, healthy and happy lifestyle

Mission Statement
To promote a purposeful, productive, healthy and happy lifestyle
14th Year - JULY 2023

25 May Thanksgiving Celebrations

By Teresa Koh

The month of May sees many Seniors turning one year wiser, and with our Twilight Newsletter completing another year of publication, there should be a lot to be thankful for.

So, 25 May was set to gather the Seniors to give thanks for God's bountiful blessings and mercy on us.



The celebration started with the Seniors attending a Thanksgiving Mass followed by a Japanese Bento Set Lunch.



Continued

Birthday celebrations for the five Seniors present followed. Being a thanksgiving event, the five birthday Seniors were asked to give their sharing and thanks to God.



On my part, after thanking God for the gift of 70 over years of life, I shared my testimony of God's love and mercy during my last two years of Cancer journey and how I draw strength and courage from the songs – ***The Battle Belongs to the Lord; Because He Lives.***

Next, James presented his sharing on his 13 years of Twilight Newsletter publication. He was all smiles when the Seniors came to congratulate and thank him.

Finally, the issue about a change of name for our Newsletter was addressed (see below write-up) before we concluded with a sing-a-long



A Change of Name for Our Newsletter, Twilight?

An exercise was carried out during our 25 May Thanksgiving Celebration. Every Senior was asked to write down the name they would like to use to replace the 13 year old name - Twilight and also provide a reason for their choice.

Some good names came forth - *Evergreen; Golden Times; Best Times; Togetherness.* However, a good number prefer to stick to the old, familiar name – Twilight – and for good reason.
Continued



Priscilla Wee I would like to retain the name “Twilight” because twilight time is the best time of the day for me. It's the time I have finished the day's work and can relax and reflect on whether I had done my best in my day's duties and to thank God for His blessings of the day.



Audrey Yip Twilight is “the soft glowing light from the sky when the sun set is below the horizon, caused by the reflection of the sun's rays from the atmosphere.” – Oxford Dictionary. Our Seniors are the glowing light reflected by the light of Christ that surrounds families, friends and communities. They share their lifelong experiences through our Newsletter - Twilight.



Margaret Koh Twilight brings to mind a vision of vibrant colours, dreams and fantasies. We embrace our twilight phase, thanking God that we are alive, healthy and actively living a full life in our journey with Him.



Jenet Nathan In my young days at St Mary's, Twilight has been in my mind for a very long time. Now, I am in my early sixties, I can't remove it from my brain. "Twilight, Twilight my shiny stars, no other name could replace who you are!"

So, the verdict - The name “Twilight” will stay !!!

Teresa Koh Birthday Celebration By Tan Kim Suan

We had Joy. We had Fun. Celebrating Teresa Koh's birthday in JOYden Restaurant for lunch and coffee at Fun Toast in HILLV2 on Tuesday, 30 May, 2023.



Photos: Courtesy of Nelly Chan (above, standing extreme right, grey top). Continued