

## Is Out of Sight, Out of Mind?

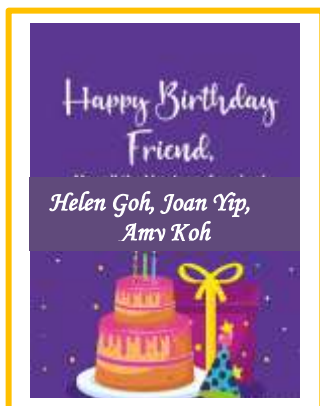
by Teresa Koh

No! Not for some Seniors who cherish the bond and support of one another over the years. Though we have resumed our gatherings in church early this year, Teresa Chong's absence was felt. She may not be sighted but she is still in our minds!

We did however visit her a few times during the Covid pandemic and brought lunch for her as she has mobility issues and stays on her own.

Knowing her 87<sup>th</sup> birthday was on 3 May, I arranged with some Seniors to visit her on 2 May. We bought her lunch and a cake. As usual, Teresa is ever so bubbling and quick witted as we ate and chit chatted with her. She was even ready to lead us in prayer before we bade her goodbye. We left feeling happy and assured that she is doing fine on her own.

Praise God!



**Everyone should be quick to listen,  
slow to speak and slow to become angry,  
because human anger does not produce  
the righteousness that God desires.  
(James 1:19-20)**



**Mission Statement**  
To promote a purposeful, productive, healthy and happy lifestyle  
14<sup>th</sup> Year - June 2023

## Franciscan Friars' Mother's Day Concert

by Teresa Koh



In the evening of 6 May, many Seniors turned up to attend the Friars' Mother's Day Concert. It was after all the first after a three year Covid hiatus! The turnout was overwhelming. The atmosphere was filled with excitement as parishioners started queuing up at both sides of the church to get good seats.

As a result, photo taking was not a priority. The singing friars were the focus as they wowed us with their talents and performance.

But nevertheless, I managed a quick snap (with some Seniors) for our newsletter.





# Commemorating Mother's Day

by Teresa Koh

Seniors came together to commemorate Mother's Day on 11 May with a simple Chicken Rice Lunch sponsored by Doreen Kong together with Sambal Chicken Wings prepared by Alice Puah and Shepherd's Pie baked by Teresa Yeo.



Having appeased the rumbling in our tummies, the Seniors spent the next half hour praying for all mothers and thanking God for the gift of Motherhood and the gift of our Blessed Mother Mary. We then dedicated the Rosary Recitation as our gift to Mother Mary.



Seniors were then presented a cupcake each (contributed by Suan) and a Prayer card. A birthday cake was also presented to Barna whose birthday was just the following day.

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A quiz (with questions about mothers) followed and winners were given aprons as prizes. But little did they expect that they had to don the aprons and sing and dance to the music of Mamma Mia! The mood was set for Singalong led by Emily.



Our Seniors then took to the catwalk with their shawls. It was hilarious as they sportingly paraded along the passage way.



The simple celebration ended with a Lucky Dip and a closing song:

**Mother Dear Oh  
Pray For Me.**